

OHIO DEPARTMENT OF JOB AND FAMILY SERVICES
SLEEP POSITION WAIVER

West Shore Child Care Center

Information from The American Academy of Pediatrics, and the U. S. Public Health Service Concerning Sudden Infant Death Syndrome (SIDS):

Sudden Infant Death Syndrome (SIDS) is the sudden and unexplained death of an infant under One year of age. SIDS, sometimes known as crib death, strikes nearly 5,000 babies in the United States every year. Doctors don't know what causes SIDS, but they have found some things that can make babies safer. One of the most important things that can help reduce the risk of SIDS is to put healthy babies on their backs to sleep. A few babies have health conditions that might require them to sleep on their stomachs.

State regulations require child care centers place infants to sleep on their back or side unless Parents/guardians request, in writing, that the center place their child on their stomach.

I have read the above information and am requesting that _____ be
(Name of Child)
placed on his/her stomach to sleep. I understand that this request differs from the AAP and US Public Health Service recommendation for best practice.

Parent/Guardian Signature

Date

Note: This prescribed form which must be used by centers and type A home to meet the requirements of rule 5101: 2-12-42 and 5101:3-12-43.